

CHARLES DARWIN SCHOOL MEALS - Summer MENU



	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
Optn 1	Tomato Pasta & Garlic Bread	Chicken Tikka Masala	Sausage/Mash/Veg/Yorkshire	Beef Burgers	Cheese and Tomato Pizza
Optn 2	Jacket Potato with Cheese/Beans/Tuna	Rice & Naan Bread Quorn Tikka	Quorn Sausage Jacket Potato with Cheese/Beans/Tuna	Wedges & Beans Quorn Burgers	Chips & Beans Jacket Potato with Cheese/Beans/Tuna
Optn 3	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Jacket Potato with Cheese/Beans/Tuna Shortbread	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Lemon Sponge	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Jacket Potato with Cheese/Beans/Tuna Flapjack	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks
Dessert	Chocolate Penny Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Ice Cream Fresh Fruit/Yoghurt
Week 2					
Optn 1	Tuna Sweetcorn Pasta & Crusty Bread	Chicken Goujons	Hot Dog Butchers Sausage	Cheese Panini	Fish Fingers
Optn 2	Jacket Potato with Cheese/Beans/Tuna Salad	Wedges & Veg Jacket Potato with Cheese/Beans/Tuna	Quorn Sausage Wedges & Sweetcorn	Potato Cubes and Salad Jacket Potato with Cheese/Beans/Tuna	Chips & Peas Jacket Potato with Cheese/Beans/Tuna
Optn 3	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Chocolate Crunch Fresh Fruit/Yoghurt	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Melting Moment Fresh Fruit/Yoghurt	Jacket Potato with Cheese/Beans/Tuna Salad/Carrot/Cucumber Sticks Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Chocolate Sponge Fresh Fruit/Yoghurt	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Ginger Biscuit Fresh Fruit/Yoghurt	Picnic Bag Baguette/Bun with Ham/Cheese/Tuna Salad/Carrot/Cucumber Sticks Vegetarian Jelly Fresh Fruit/Yoghurt

MILK AND WATER SERVED EVERY DAY

ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY

ALLERGEN INFORMATION IS ON THE SCHOOL GATEWAY WHEN ORDERING OR SPEAK TO THE CATERING TEAM