



7/11/2022



**Song of the week**:

‘Ready or Not’ – Bridget Mendler

<https://www.youtube.com/watch?v=U19pJHR0Qz4>

**Theme of the week**:

‘Be Ready’

**Quote of the week**:

‘I’m ready now for what’s next!’

**Mindful Monday**:

Listen to song, introduce the theme and quote.

Catch up with the children.

**Wellbeing Wednesday**:

Continue with theme and repeat song.

Input

Discuss the meaning of being ready: be prepared mentally or physically for some experience or action.

Activity

Discuss the importance of being ready. Talk about why we need to be ready to learn and take care of your own learning.

Mindful colouring.

**Fab Friday**:

Repeat song

* Discuss when the children have been ready this week.



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