**8th June 2021**

**Dear Parents and Carers,**

Within the science and PSHCE (personal social health citizenship education) curriculum there is a mandatory requirement for schools to provide Relationships and Sex Education (RSE) from Year 1 to Year 6. RSE is learning about the emotional, social and physical aspects of growing up.

Our school follows the Local Authority approved scheme by The Christopher Winter Project. They provide structured, age appropriate lessons to be delivered by the class teacher. These units will be taught this half term in all year groups.

**Curriculum Outline**

**Reception unit**

Family and friendship Lesson 1: Caring friendships

Lesson 2: Being kind

Lesson 3: Families

**Year 1**

Growing and Caring for ourselves Lesson 1: Different friends

Lesson 2: Growing and changing

Lesson 3: Families and care

**Year 2**

Differences Lesson 1: Differences

Lesson 2: Male and female animals

Lesson 3: Naming body parts

**Year 3**

Valuing difference and Keeping safe Lesson 1: Body differences

Lesson 2: Personal space

Lesson 3: Help and support

**Year 4**

Growing up Lesson 1: Changes

Lesson 2: What is puberty?

Lesson 3: Healthy relationships

**Year 5**

Puberty Lesson 1: Talking about puberty

Lesson 2: The reproductive system

Lesson 3: Help and support

**Year 6**

Puberty relationships and reproduction Lesson1: Puberty and reproduction

Lesson 2: Communication in relationships

Lesson 3: Families, conception and pregnancy

Lesson 4: Online relationships

Should you have any questions regarding how the lessons will be taught, the content of lessons or answering your child’s questions please do not hesitate to contact me or your child’s class teacher. There are also lesson plans in the ‘Curriculum’ area of the school website. If you would like to have a look at the lesson contents in more detail, you are welcome to do so - please make an appointment with the school office.

Many thanks,

Marianne Bennett